Area Agency on Aging



M. Veil Griffith, MBA, CFE, Ed.D., Administrator

Location:

Central Park Complex 110 Franklin Street, Suite 400 Johnstown, PA 15901-1831

Phone:

(814) 539-5595

Fax:

(814) 539-9656

Hours:

Monday - Friday 8 a.m. to 4 p.m.

The mission of the Cambria County Area Agency on Aging is to enhance the quality of life of older citizens of Cambria County by promoting their well-being, dignity, independence and safety through compassionate sponsorship of social service programs for aging adults.

The Area Agency on Aging provides the following services to eligible seniors:

- **Assessments** Pre-admission assessments for consumers are completed to determine clinical eligibility for Medical Assistance payments for nursing home care, SeniorLife, and the Aging Waiver. Comprehensive OBRA assessments are performed to enable Medicare Assistance payments for those with intellectual disabilities, behavioral health/mental illnesses, or disabilities. Assessments are completed to determine eligibility for the Social Security Supplement for personal care home placement.
- **Care Management** Comprehensive needs assessments, preparation of care plans, arranging and coordinating care needs, and follow-up are provided for consumers. Co-pays may apply depending on consumer income and state cost-share tables.
- **Domiciliary Care** "Dom Care" homes provide supervised living arrangements in private, certified residences.

- **Caregiver Support Program** Assists caregivers of older adults by providing counseling and financial reimbursements of eligible caregiving expenses, supplies, and assistive devices. Grandparents who care for grandchildren who live in their home may also be eligible for financial reimbursements.
- Foster Grandparents) Program Americorps Seniors Foster grandparents volunteer at schools, headstarts, emergency shelters, day care centers, and hospitals. Volunteers receive small hourly stipends, transportation reimbursements, and lunches.
- **Guardianship & Representative Payee** The agency will serve as guardian, both of the person and estate, for incapacitated older adults, especially those who are indigent, abused or exploited. The agency also serves as representative payee for older adults who need assistance managing their bills.
- Health Insurance Counseling The PA MEDI program provides one-on-one counseling by answering questions about Medicare, Medicaid, PACE, and a variety of health insurance programs. A PA MEDI counselor is available to help older residents understand their health insurance options and make sound decisions about what is best for them.
- Home Delivered Meals Nutritious lunches, meeting one-third of USDA recommended dietary allowances are delivered through the work week to homebound older adults who are unable to prepare a meal and have no one to help them.
- **Home Support** Household chores, including light housekeeping, and assistance with laundry and shopping are provided to eligible older adults who also require assistance with their personal care.
- **Information & Assistance** A systematic approach to linking people in need to appropriate community and state resources by providing information about services, programs and facilities.
- **<u>Legal Assistance</u>** Assistance with wills, living wills, and powers of attorney will be provided to income eligible consumers.
- **Ombudsman** A trained Ombudsman will investigate complaints or concerns about nursing homes, personal care homes, assisted living facilities, domiciliary care homes, and in-home services. The program protects the rights of older adults receiving long term care.

- **Personal Emergency Response System -** Emergency response units are installed in-home for eligible older adults on a cost-share basis.
- **Protective Services** Protection is offered for older adults who are abused, mistreated, financially exploited, neglected, or who may be a threat to themselves or others. Trained investigators investigate all reports of need and intervene to protect the vulnerable. **Call the agency if you suspect elder abuse.**
- **Personal Care** Personal Care services, such as bathing, dressing, and grooming are available to eligible older adults.
- **Senior Activities Centers** Social, recreational, educational and health promotion services are available at the senior activities centers located in Johnstown, Cresson, East Hills, Ebensburg, Forest Hills, Northern Cambria, Patton, Portage, and Nanty-Glo. Congregate meals are served daily and the centers are also the delivery points for the home delivered meals program. Activities such as bingo, arts, crafts, exercise, and dancing are available at the centers.
- **Transportation** Reserve-A-Ride or Shared Ride transportation services are available by calling CamTran at 814-471-6601 or 1-800-252-3889 by 2:00 PM the day before a trip. Anyone can reserve a trip for appointments, shopping, recreational activities or social activities. Trips to and from the senior centers can be reserved by calling the senior center one day in advance.