

HOME DELIVERED MEALS

Eligibility Criteria – To qualify for Home Delivered Meals, consumers must be:

- ***Age 60 or older***
- ***Homebound (not able to go outside of home without assistance)***
- ***Unable to secure nutritious meals on own due to physical or mental incapacities***
- ***Have no one to prepare a meal***

Delivery

- ***Deliveries are Mondays, Wednesdays, and Fridays in the mornings before lunch***
- ***Deliveries include frozen meals for Tuesdays or Thursdays when there are no deliveries.***
- ***Drivers are required to make contact with the consumer to ensure the consumer's safety.***
- ***Home Delivered Meals cannot be left outside or placed in a container set out for the driver.***

Emergency Meals

- ***Consumers are provided with a package of five additional emergency pack meals.***
- ***These meals are for those days that a meal can not be delivered because of snow, severe weather, or unexpected senior center closing.***

Special Diet

- ***Some consideration is given for diabetic diets.***
- ***Generally, the main entrée of the meal is the same as the regular meal, however, typically a low-sugar or sugar-free dessert is substituted, as well as skim milk.***

Donations Welcome

- ***There is no required cost share for Home Delivered Meals***
- ***Donations are suggested and welcome to offset the cost.***